

## HOME HEALTH SERVICES

Holy Cross Home Health Services can assist you in arranging to receive care at home. Please call (954) 267-7000 for more information.

## THE HOLY CROSS DIFFERENCE

As an inpatient, you can feel comforted to know that you have access to the hospital's state-of-the-art technologies and exceptional care. All the services you need in the recovery process are available to you within our facility – no need to go anywhere else! We are staffed with a physician intensivist, 24 hours a day and multiple code teams that provide immediate care in emergency situations. It is reassuring to know that someone so qualified and dedicated is always on hand, providing close medical supervision.

As a Joint Commission Certified Comprehensive Primary Stroke Center, we are recognized for our outstanding ability to help stroke patients regain their independence by utilizing our technologies, skills, knowledge and multidisciplinary approach. Our team-based approach reaps impressive results, as our patients tend to return home sooner than those treated at a traditional Skilled Nursing Facility.

We believe there are intangibles at work as well. Being faith-based, the Rehabilitation Institute at Holy Cross Hospital also focuses on caring for the spirit, confident that it has positive effects on the body.

Our dedication to Holy Cross' health care ministry, combined with our commitment to service excellence in the delivery of comprehensive rehabilitation services, provides an optimal setting for recovery.



*We are committed to a Culture of Inclusion in which all people are welcomed, valued, and celebrated.*

*To schedule an appointment, please call:  
Inpatient Services: 954-351-5958  
Outpatient Services: 954-492-5738*

*If you are an international patient,  
please call 866-262-8621.*



**Holy Cross**  
**Hospital**

Rehabilitation Institute

*Our mission is you.*

4725 N. Federal Highway  
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[www.holy-cross.com](http://www.holy-cross.com)



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## ABOUT US

The Holy Cross Rehabilitation Institute offers the highest level of care available for those individuals recovering from serious conditions that affect their daily functioning and independence. We provide a range of services through a comprehensive continuum of care to meet our patients' rehabilitation needs. Our multidisciplinary rehabilitation program encompasses acute medical & post-surgical therapy, acute inpatient rehabilitation, home health services and outpatient rehabilitation. This continuum of care provides convenience in service delivery to our patients and incorporates Holy Cross' commitment to service excellence.



## OUR STAFF

### **Physicians**

Holy Cross Rehabilitation Institute Physical Medicine and Rehabilitation (PM&R) board certified physicians are all specialists in rehabilitative medicine. Rehabilitative medicine is a branch of medicine whose goal is to improve the functional ability and quality of life of people with wide ranging physical impairments. The PM&R specialists of Holy Cross Hospital optimize function through the combined use of medications, physical modalities and therapeutic intervention, employing a wide variety of techniques along with the latest approaches in rehabilitative medicine.

### **Rehabilitation Nurses**

The compassionate care provided by our nursing staff is vital in your rehabilitation. Many of our nurses are Certified Rehabilitation Registered Nurses (CRRN).

### **Physical Therapists**

Our Physical Therapy team offers the traditional rehabilitation model, as well as other specialized therapeutic approaches including Manual Therapy, Neuromuscular re-education techniques, Certified Lymphedema management, Vestibular Rehabilitation, BIONESS L300 Wireless Foot Drop System, Neuro-mechanical pain management with electrotherapeutic acupuncture and Craniosacral Therapy.

### **Occupational Therapists**

Our Occupational Therapy team offers the traditional rehabilitation model, functional assessment and training, neuro-developmental techniques, plus the BIONESS H200 Hand Rehabilitation System for the neurologically involved hand, orthopedic hand therapy including full dynamic and static splinting services, SAEBO arm training program and Certified Lymphedema management.

### **Speech Pathologists**

Our Speech Language Pathology team offers a variety of services, including Videofluoroscopic Swallow studies in conjunction with Radiology and state-of-the-art equipment for the diagnosis of swallowing impairments. They provide leadership for our inpatient Family Stroke Education Program and for STRIVE, a community support group for stroke survivors and their families.



## OUR PATIENTS

We treat patients of every age, for a wide range of diagnoses including:

- Neurological Deficits
- Cardiac Conditions
- Orthopedic Conditions

...and other medical diagnoses limiting functional recovery.

## ACUTE INPATIENT REHABILITATION:

This 48-bed unit is located on the sixth floor of Holy Cross Hospital. Each patient receives three hours of inpatient therapy, delivered daily by a group of highly skilled therapists who value teamwork. The professional team of therapists and nurses focuses treatment on each individual patient's plan of care and rehabilitation goals. All services are provided seven days a week and patients are seen by a board certified physiatrist every day.

## OUTPATIENT REHABILITATION

Comprehensive services include Physical, Occupational and Speech Therapy. Our patients receive one-on-one 45-minute therapy sessions. We utilize state-of-the-art technology, such as the Bioness System, which uses customized low-level electrical stimulation to re-educate injured or diseased muscles. We also use products from SAEBO including a device which helps patients regain hand functions through use of a mechanical orthosis.