**Welcome to the Heart Failure Support Group!**

On behalf of Holy Cross Hospital’s Advance Cardiac Therapeutics Clinic, we are looking forward to having you with us for the support group.

The purpose of this group is to help you and your loved ones acquire a better understanding of what heart failure is and how best to managed, successfully, at home.

Our aim is to help provide you with an additional resource and allow interactive learning in a group setting.

These classes are free of charge.

Our upcoming class will be held at the Cardiology Associates Conference Room Suite 401.

 **4/17/25 at 3:00 pm “Heart Failure *BINGO*”**

Heart Failure can be a difficult disease process to manage. The more education, the better equipped we are to manage our health.

We encourage an environment of learning and a safe place where you can express your feelings with others who may be going through similar circumstances. There is strength in numbers, and you are not alone!

We hope you can make it! Please confirm that you can attend by calling us at **954-542-7974**.

or e-mail me at **maria.parra@holy-cross.com**

Best,

Maria Parra, RN CHF Coordinator/Navigator

