HOW TO GET STARTED

Access to our services is easy. Any physician may order therapy services. A prescription for Physical, Occupational, or Speech therapy requesting an evaluation and treatment should also include the diagnosis. The patient contact information as well as the insurance information will also be required.

After our front office intake associate verifies the information, the patient will be contacted and an appointment for therapy will be made.

Phone: (954) 492-5738
Fax (954) 776-3096
ABOUT US

The Holy Cross Rehabilitation Institute offers the highest level of care for those individuals recovering from conditions that affect their daily lives. We provide comprehensive outpatient therapeutic services.

We believe there are intangibles at work as well. Being faith-based, the Rehabilitation Institute Outpatient Services at Holy Cross Hospital also focuses on caring for the spirit, confident that it has positive effects on the body.

Our dedication to Holy Cross’ health care ministry, combined with our commitment to service excellence in the delivery of comprehensive rehabilitation services, provides an optimal setting for recovery.

OUR STAFF

Physical Therapists
Our Physical Therapy team offers one-on-one therapy consisting of the traditional gait analysis and training, strengthening, pain management, and restoration of flexibility and function. In addition, we have a wide range of specialized therapeutic approaches, including manual therapy, vestibular rehabilitation, lymphedema management, the BIONESS L300 Wireless foot drop system, electrotherapeutic acupuncture, Craniosacral Therapy, and LSVT-BIG. Our graduates are welcome to attend our ongoing exercise maintenance group or the Parkinson’s exercise group.

Occupational Therapists
Our Occupational Therapy team offers the traditional rehabilitation model, functional assessment and training, neuro-developmental techniques, the BIONESS H200 Hand Rehabilitation System for the neurologically involved hand, orthopedic hand therapy including full dynamic and static splinting services, and the SAEBO arm training program.

Speech Pathologists
Our Speech-Language Pathology team offers a variety of services, including Videofluoroscopic Swallow studies in conjunction with Radiology and state-of-the-art equipment for the diagnosis of swallowing impairments. They provide leadership for STRIVE, a community support group for stroke survivors and their families. Our Speech-Language Pathologists are Vitalstim and LSVT certified.

OUR PATIENTS

We treat patients of every age, for a wide range of diagnoses including:

- Orthopedic Conditions
- Neurological Conditions
- Vestibular and Balance Conditions
- Lymphedema
- Hand Dysfunction
- Speech Disorders
- Language Disorders
- Voice Disorders
- Swallowing Disorders